

## April Health and Wellness Information



### Healthy weight. Better health.

Approximately 30% of Canadians are obese. [Ref](#) Obesity is a chronic disease that increases the risk of other chronic diseases such as heart disease, hypertension, diabetes, cancer, and stroke.

Weight management education and early intervention is key to reducing those risks. Pharmacists play a key role in supporting patients with evidence-based plans that improve health outcomes and medication effectiveness. Pharmacists can provide weight management coaching. Fee for Service Some drug plans include coverage for this service. Talk to your PPN Pharmacist!


[Visit 360Health](#)

Good news! Your exclusive April offer is now easier to use!

**SAVE NOW with this exclusive offer for Vivanta Preferred Pharmacy Benefits Program members!**

**Get 300 pts**  
when you spend \$50

**Scene+**



**Start saving today!**

**Get 300 Scene+ points when you spend \$50 or more in a single transaction.\*** SAVE NOW with this exclusive offer for Vivanta Preferred Pharmacy Benefits Program members.



\*Offer expires April 30, 2026. Valid at participating Sobeys, Safeway, Thrifty Foods, FreshCo, Chalo! FreshCo, Lawtons Drugs or Foodland locations. Not available at IGA Quebec. Coupon must be presented at time of purchase with Scene+ Card. Offer expires after a single use unless otherwise stated and cannot be used in combination with any other spend offers in a single transaction. Minimum spend must be spent in a single transaction and excludes taxes, delivery charges, bill payments, rental fees, gift cards, postal products and services, Western Union products and services, prescriptions, non-prescription pharmacy services, tobacco products, lottery, deposits, environmental charges, liquor, fuel, Tim Horton's, Starbucks, McCafé products and other goods and services which are non discountable or excluded by law. Trademarks of Scene+ Limited Partners Used under license of Sobeys Capital Incorporated.

Your Health News

## Are you up to date on vaccinations?

Learn which protections  
are recommended for you.



[Take a 1-Min Quiz](#)

## Member News



### Enjoy the benefits!

Whether you are a direct Vivanta preferred network solution pharmacy customer or in partnership with your primary benefits carrier, you can enjoy the benefits, savings, and rewards as a member of an **Vivanta Preferred Pharmacy Benefits Program!**

**Exclusive April offer:** Preferred pricing/copay coverage on prescriptions filled at Vivanta PPN pharmacies (check with your plan administrator for details).

[Learn More](#)

Vivanta preferred network solution pharmacies include:



To locate a PPN pharmacy near you visit [360healthpharmacy.ca](https://360healthpharmacy.ca)



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